

January 19th thru January 25th 2020

Menu Cycle 3

19 SUNDAY	20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY	25 SATURDAY
Roast Beef Mashed Potatoes Beef Gravy Green Beans Dinner Roll Ice Cream Coffee Milk <i>Alt:</i> <i>Breaded Cod</i> <i>Mixed Vegetable</i>	Oven Baked Chicken Potato Salad Carrots Garlic Cheese Biscuit Apple Pie w/Whipped Topping Coffee /Milk <i>Alt:</i> <i>Roast Beef</i> <i>Mashed Potatoes</i> <i>Peas</i>	Salisbury Steak Mashed Potato w/Gravy Malibu Vegetable Blend Bread & Butter Rhubarb Custard Cake Coffee/Milk <i>Alt:</i> <i>Stuffed Green</i> <i>Pepper</i> <i>Waxed Beans</i>	Spare Ribs Coleslaw Corn Bread w/Cinnamon Honey Butter Pound Cake w/Lemon Glaze & whip topping Coffee/Milk <i>Alt:</i> <i>Turkey Patty</i> <i>Mashed Potato/Gravy</i> <i>Beets</i>	Grilled Chicken Breast w/Gravy Rice Pilaf California Blend w/Cheese Sauce Fruit Cobbler w/Whip Topping Bread & Butter Coffee/Milk <i>Alt:</i> <i>Cabbage Rolls</i> <i>Three Bean Salad</i> <i>Seasoned Potato</i>	Meatball Sausage Dinner Corn Dinner Roll Peanut Butter Crispy Bars Coffee/Milk <i>Alt: Tilapia</i> <i>Baked Potato</i> <i>Peas</i>	Pork & Vegetable Egg Roll Spanish Rice Oriental Vegetable Blend Pineapple Bread & Butter Coffee/Milk <i>Alt:</i> <i>Chicken Patty</i> <i>Mashed Potato</i> <i>Beets</i>
Homemade Tater Tot Casserole Creamed Corn Diced Rosy Pears Bread & Butter Coffee/Milk <i>Alt:</i> <i>Homestyle Chicken</i> <i>Breast</i> <i>Mashed Potatoes</i> <i>w/Chicken Gravy</i> <i>Beets</i>	Cheddar Pork Sausage on a Hot Dog Bun Macaroni & Cheese G: Apple Ring Fruit for Salad Coffee/Milk <i>Alt:</i> <i>Canned Vegetable</i> <i>Beef Soup</i> <i>Ham & Cheese</i> <i>Sandwich</i>	Ground Beef Macaroni Casserole Green Beans G: Black & Green Olives Bread & Butter Mandarin Oranges Coffee/Milk <i>Alt:</i> <i>Waffle</i> <i>Sausage Links</i>	Knophla Soup Egg Salad Sandwich G: Pickle Spear Fruit Cocktail Coffee/Milk <i>Alt:</i> <i>Meatloaf</i> <i>Mashed Potato</i> <i>Brown Gravy</i> <i>Spinach</i>	Beef Patty on a bun w/tomato slice & lettuce leaf French Fries Peas Peaches Coffee/Milk <i>Alt: Chicken</i> <i>Nuggets</i> <i>Mashed Potatoes</i> <i>w/Chicken Gravy</i> <i>Carrots</i>	Turkey Potato Casserole Carrots Bread & Butter G: Cranberry Sauce Chocolate Pudding w/Whip Topping Coffee/Milk <i>Alt:</i> <i>Chipped Beef over</i> <i>Mashed Potatoes</i> <i>Mixed Vegetables</i>	Pizza Burger on a Bun Lettuce Salad Potato Chips G:Black & Green Olives Cinnamon Applesauce Coffee/Milk <i>Alt: Canned Cream</i> <i>Potato Soup</i> <i>Ham Salad Sandwich</i>

***Menu Subject to change**