

HERITAGE CENTRE ACTIVITIES

October 12-18

MONDAY:



BAKE TO SELL COOKIES

10:00 Small talk -2nd fl. Activity Rm.

10:30 Rosary (AMV)

2:00 **QUARTER BINGO**

3:00 Social Hour

This weeks
cookies:
Macadamia
Nut
&
Heath Bars

TUESDAY:

10:00 All Faith Worship

2:00 **GAME DAY**

3:00 Social Hour



WEDNESDAY:



8:00 **FLU SHOTS IN HARVEST CT.**

9:45 Mass (AMV)

10:30 **FARKLE in Harvest Ct.**

2:00 **BUS TRIP to Downtown Art Park/Center -sign up**

2:30 Chapel (AMV) (this would just be our group)

3:00 Social Hour

7:00 Pinochle

THURSDAY:

8:00 **Donuts with Tim and Tonie**

10:00 **Sitting Yoga in Harvest Ct.**

2:00 **QUARTER BINGO**

3:00 Social Hour



FRIDAY:

9:30 **MANICURES**

2:00 "You be the Judge" and sitting exercise in Harvest Ct

3:00 Social Hour

SATURDAY:

2:00 **Games**

3:00 Social Hour



SUNDAY:

2:30 **CHAPEL- (AMV)**

3:00 Social Hour

7:00 Pinochle



**GROCERIES WILL BE ORDERED ON MONDAY
AND PICKED UP ON TUESDAY THIS WEEK. Please
have your list to Julie by 5:00 on Friday.**