

HERITAGE CENTRE ACTIVITIES

August 16-22

MONDAY:



BAKE TO SELL COOKIES

10:00 Small Talk -2nd fl. Activity room
2:00 **Quarter Bingo**
3:00 Social Hour

BAKE TO SELL
Sugar cookies
&
Double
Chocolate
Chip
Cookies

TUESDAY:

10:00 ALL FAITH WORSHIP
2:00 GAME DAY
3:00 Social Hour

WEDNESDAY:



10:00 **IN2L in Harvest Ct.**
1:30 Farkle in Harvest Ct.
3:00 Social Hour
7:00 **ICE CREAM TRUCK** by the front door

THURSDAY:

10:00 Sitting Yoga in Harvest Ct.
2:00 **Quarter Bingo**
3:00 Social Hour



FRIDAY:



9:30 **HUGO'S trip - sign up**
9:30 Manicures- **sign up**
2:00 "You be the Judge" and sitting exercise
3:00 Social Hour

SATURDAY:

2:00 GAMES
3:00 Social Hour

SUNDAY:



3:00 Social Hour

I will be taking individual pictures of all residents during this week for a special display for National Assisted Living Week which is just around the corner.

