

HERITAGE CENTRE ACTIVITIES

January 21-27

MONDAY: BAKE TO SELL COOKIES



10:00 Small Talk
10:30 Rosary (AMV)
2:00 WAL-MART
2:00 Bingo (AMV)
3:00 Social hour



TUESDAY

10:00 All faith worship
2:00 GAME DAY
3:00 Social Hour

WEDNESDAY:

9:45 MASS (AMV)
10:00 Art Bench group #1 (Grace, Enid, Marg L, Loretta)
2:00 IN2L
2:00 Music program by Betty and Leonard Wahl (AMV)
2:30 Chapel-Deacon Ken (AMV)
3:00 Social Hour

THURSDAY

10:00 CROSSWORD
2:00 Bingo (AMV)
3:00 Social Hour
5:00 CHILLY CHILI SUPPER



FRIDAY

PLEASE NOTE TIME
CHANGE FOR
EXERCISE



2:00 Sitting exercise and balloon volleyball
3:00 Happy Hour (AMV)

SATURDAY:

2:00 Games
3:00 Social Hour

SUNDAY:

2:30 Chapel- Deacon Ken (AMV)
3:00 Social Hour

